

How to get the most from your Professional Network

Step 1: What is networking?

- communication with and within a group (google)
- the art of building alliances (www.rileyguide.com)
- a common synonym for developing and maintaining contacts and personal connections with a variety of people who might be helpful to you and your career. (about.com)

Step 2: How do you define your professional network?

- Friends
- Family
- Coworkers
- Previous Coworkers
- Previous Bosses
- Other people who know you in a professional capacity

Step 3: How do you utilize your network?

Step 4: What NOT to do!